Wright State Sports Science Program: Health and Fitness Concentration

Approved Certifications

This list includes certifications currently approved (as of the date in the footer) to fulfill the certification exam requirement for the Sports Science major, Health and Fitness concentration.

If you wish to pursue a certification not on this list, please see Dr. Andrew Froehle to discuss the certification, your reasons for pursuing it, and whether it can be used to meet this requirement.

Dr. Froehle is reachable by phone at 937.775.2962, or by email at andrew.froehle@wright.edu

Clicking on the name of a certification will take you to its website, where you can find specific information on certification benefits, eligibility, costs, exam prep, and other details.

Personal Trainer

Certified Personal Trainer: ACTION-CPT
Certified Personal Trainer: American College of Sports Medicine (ACSM)-CPT
Certified Personal Trainer: American Council on Exercise (ACE)-CPT
Certified Personal Trainer: National Academy of Sports Medicine (NASM)-CPT
Certified Personal Trainer: National Council for Certified Personal Trainers (NCCPT)-CPT
Certified Personal Trainer: National Council on Strength and Fitness (NCSF)-CPT
Certified Personal Trainer: National Exercise Trainers Association (NETA)-CPT
Certified Personal Trainer: National Federation of Professional Trainers (NFPT)-CPT
Certified Personal Trainer: National Strength and Conditioning Association (NSCA)-CPT
Certified Personal Trainer: Personal Training Academy Global (PTA Global)-CPT
Certified Personal Trainer: World Instructor Training Schools (WITS)-CPT
Personal Fitness Trainer: International Fitness Professionals Association (IFPA)-PFT
Personal Fitness Trainer: National Exercise and Sports Trainers Association (NESTA)-PFT

Health Education/Health Coaching

Certified Health Education Specialist: SHAPE America-CHES
Health Coach Certification: American Council on Exercise (ACE)-HCC

Last updated: April 27, 2020
Group Exercise Instructor

Certified Group Exercise Instructor: American College of Sports Medicine (ACSM)-GEI
Certified Group Exercise Instructor: National Exercise Trainers Association (NETA)-GEI
Certified Group Fitness Instructor: Athletics and Fitness Association of America (AFAA)-GFI
Group Fitness Instructor: American Council on Exercise (ACE)-GFI

Strength and Conditioning

Certified Strength and Conditioning Specialist: National Strength and Conditioning Association (NSCA)-CSCS
Certified Strength Coach: National Council on Strength and Fitness (NCSF)-CSC
Strength and Conditioning Coach Certified: Collegiate Strength and Conditioning Coaches Association (CSCCa)-SCCC
Tactical Strength and Conditioning Facilitator: National Strength and Conditioning Association (NSCA)-TSAC-F
Nationally Certified Pilates Teacher: National Pilates Certification Program (NPCP)-NCPT

Medical Exercise and Chronic Disease

Exercise Oncology Instructor: Maple Tree Cancer Alliance (MTCA)-MTEOI
Certified Exercise Physiologist: American College of Sports Medicine (ACSM)-EP
Certified Medical Exercise Specialist: American Council on Exercise (ACE)-CMES