

Fall One		
ENG 1100	Academic Writing & Reading	3
CORE	CORE Social Science Course	3
HED 1230	Personal and Community Health	3
KNH 2410	Introduction to Health & Physical Educ.	3
BIO 1010	Medical Terminology	3
		<b>15</b>

Fall Two		
HED 2340	Health Behaviors	3
HPR 2120	Adapted Physical Educ. and Recreation	3
HPR 2430	Motor Development and Learning	4
CHM CORE	CORE Chemistry Course	4
CORE	CORE Arts/Humanities Course	3
		<b>17</b>

Fall Three		
ATR 3030	Therapeutic Exercise	3
ATR 4820	Pharmacology for Athletic Training	3
HPR 2020	Teaching Fitness in Physical Education	3
KNH 2540	Psychology of Sport	3
KNH 3500	Technology and Emergency Management	3
		<b>15</b>

Fall Four		
HED 4570	Health & Fitness for Chronic Disease/Disorders	3
CORE	CORE Social Science Course	3
CORE	Any Additional CORE Course	3
CORE	Any Additional CORE Course	3
KNH 2840	Practicum in Health, PE, & Recreation	1
ELECTIVE	General Elective Course	1
		<b>14</b>

Spring One		
CORE	CORE Math Course	3
KNH 2500	Basic Anatomy & Physiology (CORE Natural Sci.)	4
KNH 2600	First Aid and CPR	3
CORE	CORE Global Studies Course	3
ELECTIVE	General Elective Course	3
		<b>16</b>

Spring Two		
ENG 2100*	Research and Argument	3
KNH 2550	Applied Exercise Physiology	3
ATR 3020	Strength & Conditioning in Athletic Training	3
KNH 2420	Principle, Practice, Philosophy	3
KNH 2620	Nutrition for Fitness and Sport	3
		<b>15</b>

Spring Three		
KNH 4110	Fitness Assessment & Programming	3
KNH 2530	Kinesiology	3
PHY 2460	Concepts & Applied Physics I	3.5
CORE	CORE History Course	3
KNH 3600	Catastrophe Readiness and Response	3
		<b>15.5</b>

Spring Four		
KNH 4840	Sports Science Internship	12
KNH 4550	Seminar in Sports Science	1
		<b>13</b>

**THINGS TO KNOW**

The Sports Science program admits new students once a year (Fall semester). Applications materials must be submitted by **March 1st** to be considered for admission in the following academic year.

Program admission requirements:

- 2.5 or higher GPA
- 30 semester credit hours earned
- application form
- recommendation forms

Internship and Practicum Information

1. KNH 2840 must be taken before KNH 4840, not concurrently.
2. KNH 2840 requires 50 contact hours to complete.
3. KNH 4840 requires 350 contact hours to complete.
4. KNH 4110 is required before KNH 4840 can be taken.
5. It is strongly suggested that no other content courses be taken with KNH 4840. Only rare situations will be considered for an exception.
6. It is the student's responsibility to acquire the internship and practicum sites with assistance from the program director.

NOTES: