

**WALK-JOG-RUN
KNH 1760**

INSTRUCTOR:	Janette Davis	OFFICE HRS:	By appointment only
OFFICE:	316 Nutter Center	EMAIL:	Janette.davis@wright.edu
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ATTENDANCE COMPETENCY:

Attendance is defined as active participation in the class.
We will go outside to Walk, Jog and Run so please wear clothing appropriate for the weather.

COGNITIVE COMPETENCY:

A written examination will be given in which the student must score 70% or higher in order to pass the course.

CELL PHONE POLICY:

Please turn off all cell phones during class. Phoning, texting, etc. will not be tolerated.

ACCOMMODATION FOR DISABILITIES Students with a disability who may need accommodations to complete the requirements of the class must register with the Office of Disabilities Services, and arrange to meet with his or her professor during the first week of the class.

GRADING CRITERIA:

1. KNH guidelines require at least 80% attendance rate for passing a course. Attendance will be taken each period.
2. KNH guidelines require a written exam and a skills test to be given. A midterm exam will be given during the middle of the semester. The date will be announced in class. The final exam will be taken during the last week of class.

SUMMARY OF REQUIREMENTS:

Attendance: 80%
Cognitive (written exam): 70%

WEEK ONE: Walk, Jog and Run Outside and prepare for the Muscle Test

WEEK TWO: Walk, Jog and Run Outside and take the Muscle Test

WEEK THREE: Walk, Jog and Run Outside and prepare for Final Test

WEEK FOUR: Walk, Jog and Run Outside and prepare for Final Test

WEEK FIVE: Walk Jog and Run Outside and prepare for Final Test

WEEK SIX: Walk, Jog and Run Outside and take Skills Test

WEEK SEVEN: Walk, Jog and Run Outside and Take Final Test