

**CANOEING
KNH 1120**

INSTRUCTOR:	Amy Anslinger	OFFICE HRS:	By appointment only
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ATTENDANCE COMPETENCY:

Attendance is defined as active participation in the class.

COGNITIVE COMPETENCY:

A written examination will be given in which the student must score 70% or higher in order to pass the course.

CELL PHONE POLICY:

Please turn off all cell phones during class. Phoning, texting, etc. will not be tolerated.

GRADING CRITERIA:

1. KNH guidelines require at least 80% attendance rate for passing a course. Attendance will be taken each period.
2. KNH guidelines require a written exam and a skills test to be given.

Accommodation for Disabilities Students with a disability who may need accommodations to complete the requirements of the class must register with the Office of Disabilities Services, and arrange to meet with his or her professor during the first week of the class.

SUMMARY OF REQUIREMENTS:

Attendance: 80% - Must attend all three class meetings. Class meets rain or shine.

Cognitive: 70%. An objective question exam will be given at the end of class day 3.

Technique: A maneuverability test will be given during class day 2.

The student will be given two opportunities to demonstrate the following:

1. Effective use of basic strokes: forward, back, draw, pry, cross draw, quarter forward and reverse sweeps, J stroke. Each student must paddle in both bow and stern positions.
2. Maneuvering test. Students will use appropriate strokes to maneuver boat through a course.

The student will promote **good expedition behavior** – be on time, be considerate, be cooperative and helpful, avoid dangerous actions and follow all safety rules.

DAY ONE: Classroom: Lecture and skills

Introduction, equipment and clothing,

Basic flatwater techniques: strokes, maneuvers, rescues

Hazards, safety, float plans, group travel

River reading and techniques for river current

DAY TWO: This class will be on Caesar Creek Lake and will meet rain or shine.

Demonstration and practice of basic strokes, maneuvers and assisted rescue techniques. Plan to get wet.

Maneuverability test.

DAY THREE: River trip will vary according to weather and river conditions.

Demonstration of ferry techniques and opportunity to practice. (optional)

Written exam given at end of river trip.